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## FEBRUARY 2024 EVENT CALENDAR

SUN	MON	TUE	WED	THU	FRI	SAT
				1	2 SHARECARE & EAT RIGHT NOW BOOTH LONE BUTTE 10:00AM - 2:00PM	3
4	5 SHARECARE & EAT RIGHT NOW BOOTH SANTAN MOUNTAIN 10:00AM - 2:00PM	6	7 HEALTH SAVINGS ACCOUNT PRESENTATION HR Training Room 1:00PM - 2:00PM	8	9 HIKING National Trailhead 1:00PM - 3:00PM	10
11	12	13	14	15	16 AERIAL YOGA Tough Lotus Studio 9:30AM - 10:30AM	17
18	19	20	21 RETIREMENT ACCOUNT BASICS 1:00PM - 2:00PM CARDIOVASCULAR HEALTH 12:00PM - 1:00PM	22 GROUP FITNESS ACTIVITY LONE BUTTE 8:30AM - 9:30AM	23	24
25	26	27 KICKBALL Mountain Vista Park 9:00AM - 1:00PM	28 COOKING DEMO: HEART HEALTHY DISHES Webinar 12:00PM - 1:00PM	29 GOLF Whirlwind Golf Club 2:00PM - 3:00PM		

For Upcoming Events Visit: [www.teamworks.gilariver.casino/wellness/events](http://www.teamworks.gilariver.casino/wellness/events)