



HEALTH SAVINGS ACCOUNT (HSA) PRESENTATION

Blue Cross Blue Shield of Arizona
Wednesday, Feb. 7, 2024 | 1:00PM – 2:00PM

Come join us for an in person session presented by AZCBCS to learn about the HSA plan offered to Gila Team Members. A AZCBCS Representative will be onsite to answer any questions you may have.

LOCATION:
HR Corporate Center
5350 N. 54th St. Suite 130, Chandler, AZ 85226

SIGN UP TODAY!



Limited Space Available



HIKING WITH WELLNESS

FITNESS EVENT
Friday, Feb. 9, 2024 | 1:00PM - 3:00PM

Join us for a team hike located at National Trail - South Mountain. This trail is very scenic hike with moderate ups and downs along the way.

ADDRESS:
4500 E Pima Canyon Rd, Phoenix, AZ 85044

SIGN UP TODAY!



Limited Space Available



AERIAL YOGA WITH WELLNESS

FITNESS EVENT
Friday, Feb. 16, 2024 | 9:30AM – 10:30AM

Get ready to flip and fly while strengthening and conditioning your body. This class will focus on strength and control to leaving you feeling better than ever.

LOCATION:
Tough Lotus Aerial Yoga Studio

SIGN UP TODAY!



Limited Space Available



CARDIOVASCULAR HEALTH

LUNCH & LEARN
Wednesday, FEB. 21, 2024 | 12:00PM - 1:00PM

Come learn more about how to prevent heart disease, the importance of family history, diet and exercise on cardiovascular health, and warning signs & risk factors.

LOCATION:
Wild Horse Pass - Acacia D

SIGN UP TODAY!



Limited Space Available

For Upcoming Events Visit: www.teamworks.gilariver.casino/wellness/events